

Engage.

Connect.

Belong.

# A Neighbourhood House has something for everyone, at every stage.

14 NHs offer

**400+**

programs and activities



**158**

Children Programs



**103**

Youth Programs



**152**

Family Programs



**107**

Adult Programs



**137**

Senior Programs



**105**

Community Programs



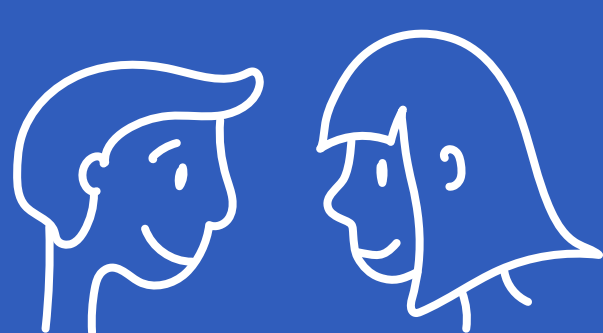
**3 in 4**

Said they improved their ability to work with people from different backgrounds.

**83%**

Increased their knowledge of neighbourhood issues.

## A Neighbourhood House can help you:



Forge Friendships



Feel at Home in Your Neighbourhood



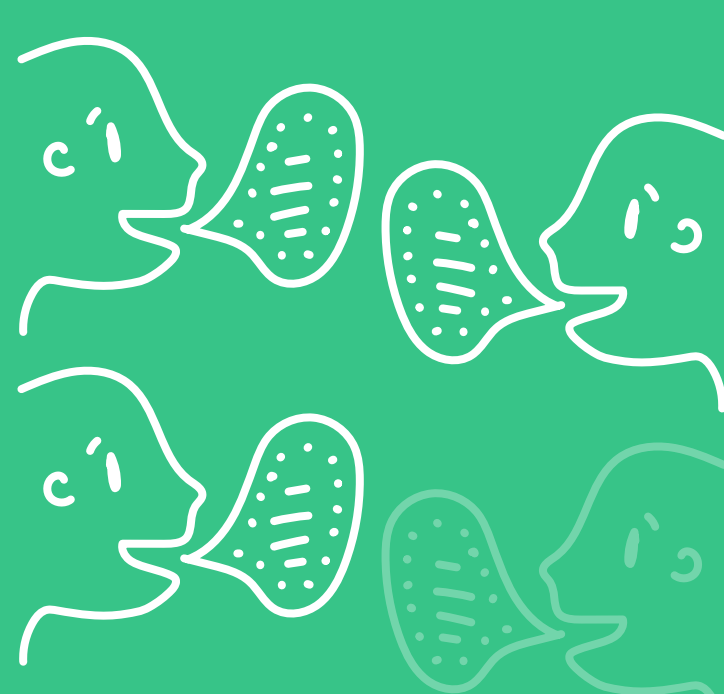
Develop Skills



Change Your Community

**60%**

Made at least one close friend through their Neighbourhood House.



**3 in 4**

Of those born outside Canada said their ability to speak in front of others improved.

## Learn more about the Neighbourhood House in your community.

visit

[yournh.ca](http://yournh.ca)